

Informing Families

Building Trust

A Partnership for Better Communication
on Developmental Disability Issues in Washington State



Options for Children with Intensive Behavioral Support Needs

If your son or daughter has intensive support needs due to mental health or other disability-related behaviors that pose a risk to health and safety, the Developmental Disabilities Administration (DDA) and the Division of Behavioral Health & Recovery's Regional Support Networks (RSNs) have programs that provide stabilization and support for both the child and family.

DDA

CHILDREN'S INTENSIVE IN-HOME BEHAVIOR SUPPORT (CIIBS)

Positive behavior support and team-based planning for children with developmental disabilities (ages 8-20) living in the family home who are at risk of out-of-home placement due to the intensity of their behavioral challenges. In CIIBS, the family partners with a behavior specialist to create and follow a positive behavior support plan that fits the whole family. Other services include respite, assistive technology, and therapeutic equipment and supplies.



ENHANCED RESPITE

Short-term respite in a DDA contracted (and licensed) staffed residential home for youth between ages 8 to 18. Enhanced Respite provides a break in caregiving, behavioral stabilization and service planning with the goal for the youth to remain in the family home. Respite can be received for a maximum of 30 calendar days in a year and is offered in two sites: Shoreline and Bonney Lake.

COMMUNITY CRISIS STABILIZATION SERVICE

A state operated community behavioral health stabilization program that provides short-term supports to individuals who are in crisis or risk of hospitalization (comparable to CLIP). Intensive supports and collaborative treatment services for up to 180 days to youth ages 8 to 17 (up to 21 for school-enrolled participants), with the goal of returning to the family home.

➔ TO APPLY FOR DDA SERVICES

If your child is a client of DDA, but not receiving a paid service, call the No Paid Services number in your area and ask to be assessed for CIIBS waiver enrollment.

If your child is receiving services from DDA, but it is not enough to help your child remain at home, contact your case resource manager.

For the number of the DDA office nearest you, visit:

dshs.wa.gov/ddd/contacts.shtml

RSN

CHILDREN'S LONG TERM IN-PATIENT PROGRAM (CLIP)

Psychiatric treatment in a secure and highly structured setting designed to assess, treat and stabilize youth diagnosed psychiatric and behavioral disorders (5 locations in the state). Treatment is designed to increase the youth's skills and adaptive functioning with a focus on reintegration back into a community setting, as quickly as possible. *CLIP is a course of mental health treatment, not a place for the child to live indefinitely.*

WHO IS IT FOR?

Legal residents between ages 5-18 diagnosed with a severe psychiatric disorder whose needs exceed those offered by community mental health resources and who pose a risk to self or others.

For more information, visit clipadministration.org

➔ TO APPLY FOR CLIP

Contact your local [RSN](#)'s designated Children's Care Coordinator (CCC) to informally assess what mental health resources have already been tried and what else could be tried. If the RSN feels that CLIP is appropriate, an application will be provided.

