

Informing Families

Building Trust

A Partnership for Better Communication
on Developmental Disability Issues in Washington State



Resources for Children with I/DD and Mental Illness

STATE SERVICES

Apple Health

Formerly known as Medicaid, Apple Health provides health insurance coverage for children and adults with low-income.

Apple Health 4 Kids:
1-877-543-7669

Developmental Disabilities Administration (DDA)

If your child is enrolled with DDA, you may request a MH evaluation and assessment with a DDA contracted resource.

www.dshs.wa.gov/ddd

Regional Support Networks

If you suspect that your child has a serious mental health disorder and is covered by Apple Health/Medicaid, you can request MH evaluation services through the Regional Support Network (RSN).

www.dshs.wa.gov/dbhr/rsn.shtml

If your child is involved in multiple service systems, you may ask if wraparound planning is offered in your area through your local RSN. Wraparound planning is an intensive, individualized care planning process for individuals with complex needs.



EVALUATIONS & TREATMENT

Seattle Children's Hospital

Diagnostic evaluations and short-term mental health treatment for children and teens up to age 18. A full diagnostic evaluation (two or three visits) can clarify why a child is having emotional and behavioral problems and how a mental health or medical professional can help.

Toll-Free: 866-987-2000 (ask for Psychiatry and Behavioral Medicine)

Direct Line to Psychiatry:
206-987-2164

Regional Support Networks
(see State Services)

Developmental Disabilities Administration (see State Services)

AUTISM RESOURCES

Children's Autism Center:

Assessment, diagnosis, treatment and support for autism spectrum disorders.

Seattle: 206-987-8080

NW Autism Center

Information and referral to services, providers, support and resources in the Spokane area and beyond.

Community Connections Office
Spokane: 509-328-1582

UW Autism Center

Clinical services, research, and training devoted to supporting individuals and families affected by autism spectrum disorders (birth through young adulthood).

Toll-free Information and Resource line: 877-408-8922

ADVOCACY, INFORMATION & SUPPORT

NAMI Washington (National Alliance on Mental Illness)

Advocacy, information and support for individuals with mental illness and their families. **Seattle Office: 206-783-4288**

WA Autism Alliance and Advocacy

Support to families and advocacy for improved access to healthcare, education & resources. **Redmond Office: 425-894-7231**

Autism Society of Washington State

Information & Referral to Families. **Toll-Free: 888-279-4968**

FEAT of Washington (Families for Effective Treatment of Autism)

Information & referral. **Bellevue Office: 425-223-5126**

Partnership Access Line (PAL) for primary care providers. If your child is on psychiatric medications, or you are considering it, talk to your primary care provider about the Partnership Access Line. PAL employs child psychiatrists and social workers affiliated with Seattle Children's Hospital to deliver its telephone based consultation services for any type mental health issue.
Toll-Free: 866-599-7257.

