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Discovery²⁰¹⁸

Alzheimer's Regional Conference

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Annual

Friday, April 27, 2018 • Seattle, WA

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Alzheimer's Association Washington State Chapter

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Brochure Cover Photo Details: Engaging Our Community

- Top left: "Arts in the Park" watercolor painting with Elderwise and Seattle Parks and Recreation
- Top center: Zoo Walk, Woodland Park Zoo, Seattle
- Top right: Spokane Early Stage Memory Loss Forum, Spokane
- Bottom left: Garden Discovery Walk at Bradner Gardens Park, Seattle Parks and Recreation and UW Medicine Memory and Brain Wellness Center
- Bottom center: Alzheimer's Association Seattle Town Hall
- Bottom right: Alzheimer's Association Redmond Walk to End Alzheimer's



Your Invitation to Discovery 2018

The staff and volunteers of the Alzheimer’s Association Washington State Chapter, our sponsors, exhibitors, and presenters are excited to again offer you a day filled with dementia-specific, evidence-based information and education with a focus on community.

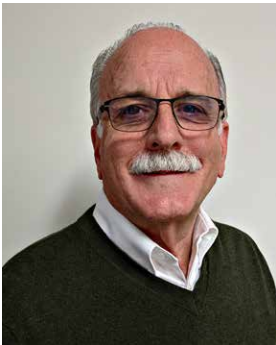
Please join us for Discovery 2018, our 33rd Annual Alzheimer’s Regional Conference.

As you well know, Alzheimer’s disease and other dementias impact and challenge not only individuals and families, but entire communities. No matter how we define community—home, block, neighborhood, workplace, church—we have a shared interest and obligation to make our communities accessible and welcoming for persons with dementia and their caregivers.

Our Discovery Conference is an opportunity for you to celebrate community and learn how to enhance the lives of those you love and those you serve in the spaces we share.

We hope you will share a day of Discovery with us!

Bob Le Roy
*Executive Director, Alzheimer’s Association Washington State Chapter
Serving Washington and Northern Idaho*



Discovery 2018 Expo Hall

Our Expo Hall is an extension of the educational opportunities at Discovery. We are excited to present a diverse group of exhibitors who offer a wide range of goods and services. We invite you to pick up your Expo Treasure Map and explore the exhibit hall to find our real treasure, our exhibitors, learn valuable information and win prizes.

Conference sponsor, exhibitor and advertising opportunities available. Contact Ashley Studerous at astuderus@alz.org or 206.529.3874.



PRE-CONFERENCE EVENT

*Presented by the Alzheimer's Association and
UW Medicine Memory & Brain Wellness Center*

Moving from Despair to Hope in Dementia — John Zeisel, Ph.D.

Thursday, April 26 2016 | 7:00 - 8:15 P.M.

Harborview Research & Training Auditorium, 300 9th Ave, Seattle, WA

Open to general public, no charge

You can make a difference. Most people who receive a dementia diagnosis and their care partners head down a swift and steep slope to despair. Dr. Zeisel will show you this does not have to be the case. Learning to change the focus and view the situation differently creates a frame of mind that leads to a better life. Isn't that what it's all about? Come learn how to change your focus, see things differently, and make the shift from despair to HOPE.

CONFERENCE WORKSHOPS

Our speakers have created innovative evidence-based workshops that provide new tools and skills for healthcare professionals and family caregivers. Please indicate your preferred workshops so we can assign workshops to the right size room. Workshop seating will be available on a first-come, first-serve basis. Seating will be available starting 10 minutes prior to each workshop. You may self-select any workshop on the day of the conference.

CONFERENCE SCHEDULE

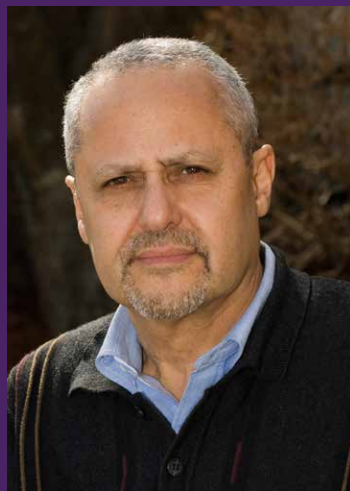
7:30 A.M.	Registration – Snacks, Coffee, Tea
7:30 A.M.-2:45 P.M.	Exhibit Hall & Photo Gallery Hours
8:30-10:00 A.M.	Welcome and Keynote
10:00-10:15 A.M.	Honoring Alzheimer's Champions
10:15-10:30 A.M.	Break – Explore the Exhibit Hall & Photo Gallery
10:30-11:45 A.M.	SESSION A
11:45 A.M.-12:30 P.M.	Lunch (Exhibit Hall & Photo Gallery open)
12:30-1:00 P.M.	Explore the Exhibit Hall & Photo Gallery
1:00-2:15 P.M.	SESSION B
2:15-2:30 P.M.	Break – Explore the Exhibit Hall & Photo Gallery
2:30-2:45 P.M.	Treasure Hunt Drawing – Exhibit Hall
2:45 P.M.-4:00 P.M.	SESSION C

KEYNOTE SPEAKER

John Zeisel, Ph.D.

CEO & President of Hearthstone Alzheimer Care and
President of I'm Still Here Foundation

Dr. Zeisel is the author of the bestselling book *I'm Still Here, A Breakthrough Approach to Understanding Someone Living with Alzheimer's*. Hearthstone employs the I'm Still Here® approach in managing Assisted Living Residences for people with dementia in Massachusetts and as the basis of the Hearthstone Institute's national training programs with certified I'm Still Here Centers of Excellence from coast to coast nationally. Hearthstone's Research Division together with the I'm Still Here Foundation develops innovative non-pharmacological programs for this population including Hearthsides Stories, Home4Care, Meet Me at the Museum, Meet Me at the Movies, Learning for Life, and It Takes a Village.



KEYNOTE ADDRESS

“HOPE = Knowing You Can Make a Difference”

Friday, April 27, 2018 | 8:30 – 10:00 A.M. | Main Ballroom

Those living with Alzheimer's disease and those that care for them can feel like a diagnosis means everything will be downhill from there; there is nothing to do but wait in despair. But, the neurosciences inform us that a lot is taking place in our brains – even when someone is living with cognitive challenges. In this presentation Dr. Zeisel will share his hopeful, empowering message called *Circles of Hope* and inspire organizations, every care partner, and every person with dementia to work together to truly make a difference in the lives of all of people living with this challenge – that's where HOPE lies.

Conference Workshop Info

SESSION A 10:30-11:45 A.M.

A1 | I'm Still Here — Communication Interactive Workshop

John Zeisel, Ph.D.

Good communication skills lead to positive relationships. When you believe the person you're talking to understands you and can express themselves, you change the way you communicate with them. Dr. Zeisel will share how to become a better listener by changing the way you communicate and understand each other, reducing challenging behaviors. Good communication reduces the 4 "A"s of Alzheimer's – Anxiety, Agitation, Aggression, and Apathy.

A2 | Momentia in My Neighborhood — Creating Dementia-Friendly Programs from the Ground Up

Moderator: Keri Pollock, B.A.

Panelists: Marigrace Becker, M.S.W., Ruth Egger, M.S., Daphne Jones

Working from a philosophy and approach of "Nothing about us without us," Momentia in My Neighborhood is a grassroots process where individuals living with dementia and their care partners gather to design their own innovative dementia-friendly programs – from nature walks to book groups to museum tours. In this hands-on session you'll learn best practices, lessons learned, and leave with the inspiration and tools to facilitate your own Momentia in My Neighborhood gathering.

A3 | The Arts & Enhancing Well-Being

Jen Kulik, Ph.D., M.Ed., B.A.

The arts can be viewed on physical, psychological and spiritual levels. Learn about using the arts as a tool for the dementia journey through active engagement, or listening and watching others, and promoting wellbeing in individuals and communities.

A4 | Ethical Dilemmas in the Care of Older People with Cognitive Impairment

Elizabeth Vig, M.D., M.P.H.

Healthcare professionals, family members, and people living with dementia face many decisions about what types of medical care/interventions to undergo, whether to participate in research, and how to honor a patient's goals of care in their last days of life. Ethical dilemmas arise when there is a conflict between stakeholders about the right thing to do and can be extremely stressful for everyone involved. Dr. Vig will discuss several ethical dilemmas, offer suggestions for addressing them, and describe the concept of moral distress which can arise in ethically difficult situations.

A5 | Frontotemporal Dementia: What's It All About?

Frontotemporal dementia (FTD) is a group of related conditions resulting from the progressive degeneration of the temporal and frontal lobes of the brain. Learn how these areas of the brain play a significant role in decision-making, behavioral control, emotion and language.

SESSION B 1:00-2:15 P.M.

B1 | Understanding Alzheimer's Research: What We Know, What We Need to Know & What Does It Mean?

Heather Snyder, Ph.D.

This session will discuss the latest research in Alzheimer's and dementia, including common definitions, where the field is moving, outstanding questions in research and how to translate it to actionable items for each of us today.

B2 | The Power of Music

Michael Byrd, M.Div., and Leslie Lehnhoff, M.A., C.C.M.

Music has the profound power of enriching a person's life. In the past few years we have experienced the benefits from implementing a personalized music program as a first step in enriching the quality of life for people living with dementia related disorders. With the aid of a professionally trained and certified therapeutic musician, learn how to progress from a personalized program to a personally energizing, socially engaging music experience in an inviting community setting.

B3 | Stress and Distress Behaviors in Dementia

Tatiana Sadak, Ph.D., P.M.H.N.P., A.R.N.P., R.N.

This presentation will describe dementia related difficult behaviors, identify their contributing causes, and evidence-based interventions.

B4 | The Three D's: Delirium, Depression, and Dementia

Emily Trittschuh, Ph.D.

Untangle the confusion about delirium and depression and their symptoms, which often mimic dementia and are often comorbid. Dr. Trittschuh will use case examples to help you identify key similarities and differences between clinical symptoms and characteristics.

B5 | Enhancing Dementia Management and Caregiver Support in Rural Areas

Kristen Childress, D.N.P., A.R.N.P., F.N.P.-B.C., C.W.C.N.-A.P., and Jonathan Medina, B.S.N., R.N., C.C.R.N.

The road to a diagnosis of dementia and the subsequent journey is often challenging for the patient and their caregivers, even in the best of circumstances; those in rural areas often face additional barriers in this process. The goal of this workshop is to give providers and caregivers tools to navigate common issues related to dementia care with a focus on addressing challenges unique to the rural healthcare setting.

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C1 | Scripted-IMPROV™ — Putting True Engagement into Practice

John Zeisel, Ph.D.

How do you shift from residents sitting around falling asleep during “entertainment” to engaging them in what they feel is interesting and important? Scripted-IMPROV™ is a highly engaging evidence-based program in which residents with dementia are the improvisors – not the audience. Funded by the National Institute on Aging, this project is among the first and largest Phase 2 Clinical Trials of a major non-drug intervention for Alzheimer’s and related dementias. Dr. Zeisel will discuss the research, show examples of the Scripted-IMPROV intervention in action, and share measurable results – reduced depression and improved quality of life.

C2 | How to Start Alzheimer’s Cafés and Memory Loss Walking Groups

Moderator: Keri Pollock, B.A.

Panelists: Marigrace Becker, M.S.W., Cayce Cheairs, B.A., Melinda Franklin, B.A., Kenna Little, B.A.

This session builds on the earlier Momenta in My Neighborhood session and addresses how to create and launch specific programs. We’ll focus on two of the more successful dementia-inclusive programs locally that are growing across the state: Alzheimer’s Cafés and Walking Groups. Learn the specifics that will set you up for success and program sustainability.

C3 | The Lewy Body Dementias (dementia with Lewy bodies and Parkinson’s disease with dementia)

Debby Tsuang, M.D., M.Sc.

Lewy Body dementia is arguably the second most common cause of dementia in the elderly. This includes both dementia with Lewy bodies and Parkinson’s disease with dementia. This workshop will review the clinical and pathological characteristics of these diseases, their unique and shared genetics, and pharmacological and non-pharmacological treatments for the myriad of symptoms expressed in these disorders.

C4 | Using Technology for Better Living with Memory Loss

Maureen Schmitter-Edgecombe, Ph.D., licensed Clinical Psychologist

Learn current research and future insight into high and low tech options for improving everyday living with memory loss. Topics include assistive technology, smart technology, factors impacting technology use, self-management, and clinical applications for people with mild cognitive impairment and dementia and their caregivers.

C5 | The Growing Concern of Elder Abuse

Page Ulrey, J.D.

Abuse, neglect and exploitation are afflicting people with dementia at astounding rates, yet these cases often go unrecognized and unreported. Learn how to recognize these crimes, the efforts of the criminal justice system to take them on, and how you can best respond to them.

Speakers



Marigrace Becker, M.S.W.

**Program Manager, Community Education and Impact
University of Washington Medicine Memory and
Brain Wellness Center**

Ms. Becker has developed and facilitated a variety of educational, support and engagement programs that promote well-being and celebrate the strengths of people living well with dementia. She also champions community initiatives that challenge stigma and build understanding. Ms Becker is a member of the Momentia Seattle Stewardship Team and leads the Dementia-Friendly Communities project team of the Dementia Action Collaborative, implementing the Washington State Plan to Address Alzheimer's and Other Dementias.



Michael Byrd, M.Div.

Chaplain, Wesley Homes

Chaplain Byrd has worked with older adults living in retirement homes, assisted living centers, and nursing homes. For the last 17 years, he has been the Chaplain at Wesley Homes, a Continuing Care Retirement Community located in Des Moines, WA. He was responsible for Wesley Homes being the first assisted living facility and second skilled nursing facility certified as a Music and Memory provider in the state of Washington. He has facilitated an Alzheimer's Caregiver Support Group for over 16 years.



Cayce Cheairs, B.A.

**Dementia-Friendly Recreation Specialist,
Seattle Parks and Recreation**

Ms. Cheairs has facilitated and coordinated memory loss programs since 2010. At Seattle Parks and Recreation, she works with community members and partners to offer opportunities for people living with memory loss and their loved ones to be active, connect, create, explore, learn, and make a difference. She is a part of the Momentia Seattle Stewardship Team and a member of neighborhood working groups in Southeast and West Seattle, focused on grassroots efforts to create dementia-friendly communities across the city.



Kristen Childress, D.N.P., A.R.N.R., F.N.P.-B.C., C.W.C.N.-A.P.

**Clinical Assistant Professor, School of Nursing,
University of Washington, The Manette Clinic**

Dr. Childress has had a passion for providing high-quality dementia care and supporting caregivers for more than 20 years. This interest guided her doctoral work and continues as a major focus in her clinical practice. She is committed to equipping future and practicing primary care practitioners with the tools they need to provide care to those

living with dementia. She currently teaches in the Family Nurse Practitioner Program at the University of Washington, and provides community-based primary care to older adults.



Ruth Egger, M.S.

Momentia Advocate

Ms. Egger holds a M.S. in Gerontology. She is an active advocate for seniors with memory loss serving on the Boards of Elderwise and the newly created SnoMentia, a grassroots movement serving seniors in Snohomish County.



Melinda Franklin, B.A.

Momentia Advocate and Community Volunteer

Ms. Franklin has been an active advocate in the King County dementia community as a volunteer for the Alzheimer's Association serving in a variety of roles. She leads early stage memory loss zoo walks and works with and actively promotes Momentia, a grassroots movement serving seniors in King County. Ms. Franklin is a member of the Alzheimer's Association King County Regional Advisory Council.



Daphne Jones

Alzheimer's Care Partner

Ms. Jones retired as a Family Support Worker to care for her husband who has Alzheimer's disease. She is a wife, mother and grandmother who is active in her community. Ms. Jones values relationships, helping bring a "little sunshine" into the lives of other people and spending time with people she loves and cares about.



Jennifer Kulik, Ph.D., M.Ed.

Founder and CEO, Silver Kite Community Arts, LLC, and Adjunct Professor, Seattle University

Dr. Kulik is the founder and CEO of Silver Kite Community Arts, a company dedicated to designing, supporting, and facilitating intergenerational arts experiences and programs for older adults. She holds a Ph.D. in Theatre and has been a teaching artist, arts administrator, and theatre performer for over 40 years. Dr. Kulik served in Ethiopia as an arts education consultant for Mercy Corps, and has presented at conferences in the United States, Brazil, France, Singapore, United Kingdom, Denmark, and South Africa.



Leslie Lehnhoff, M.M., C.C.M.

Music Coordinator, Wesley Home

Ms. Lehnhoff has used music as a therapeutic medium for people with dementia for over thirty years. After attaining her Master's degree in music from University of California Riverside, she transitioned into providing therapeutic music in skilled nursing facilities, memory care facilities, and adult group home settings. As a Certified Clinical

Musician, she conducts therapeutic music sessions with people in all levels of acuity: hospital intensive care and critical care units, skilled nursing facilities, and hospice settings.



Bob LeRoy

Executive Director, Alzheimer's Association Washington State Chapter

Mr. LeRoy joined the Alzheimer's Association in 2008 as the President and Chief Executive Officer of the Greater Pennsylvania Chapter and has served as the Executive Director of the Washington State Chapter since 2011. He has over 35 years of leadership experience in the nonprofit and financial services sectors. Mr. LeRoy serves as Subcommittee Chair: Long Term Supports and Services for the Dementia Action Collaborative implementing the Washington State Plan to Address Alzheimer's Disease and Other Dementias.



Kenna Little, B.A.

Early Stage Memory Loss Manager, Alzheimer's Association Washington State Chapter

Ms. Little oversees Early Stage Memory Loss support groups, social engagement activities, and educational opportunities offered through the Alzheimer's Association for individuals who are living with memory loss. She works with several community groups helping to promote early stage programs. Ms. Little serves on the Early Stage/Dementia-Friendly subcommittee of the Washington State Dementia Action Collaborative, working to make communities across the state more dementia-friendly.



Jonathan Medina B.S.N., R.N., C.C.R.N.

University of Washington School of Nursing

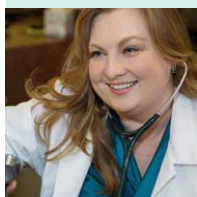
Mr. Medina is a Doctor of Nursing Practice student at the University of Washington with a special interest in dementia and rural health. As a Healthy Brain Research Network scholar, he completed a scoping review on stigma reduction interventions for persons with dementia. His passion for rural health led him to create a "Dementia Care Pathway" to improve dementia management in rural Washington. He is committed to empowering persons with dementia to optimal health.



Keri Pollock, B.S.

Director of Marketing and Communications, Aging Wisdom

Ms. Pollock brings more than 20 years of marketing, communications and training expertise to aging services and gerontology. Her personal mission is to provide meaningful, actionable information to people. As a relationship-oriented storyteller, Ms. Pollock has a heart for serving others, connecting people to opportunities and finding solutions to challenges by utilizing the gifts and talents of the team. Ms. Pollock is known for being fearless in bringing people together to accomplish amazing things.



Tatiana Sadak, Ph.D., P.M.H.N.P., A.R.N.P., R.N.

Associate Professor of Geriatric Mental Health. Undergraduate Program Director. University of Washington, School of Nursing

Dr. Sadak is a PhD-prepared Gero-Psychiatric Nurse Practitioner and dementia specialist. Her research, clinical work and teaching are focused on promoting dementia care partner's engagement and activation, formalizing and strengthening the partnership between clinicians and dementia patient/care partner teams and supporting dementia patients and their families in their journey. Dr. Sadak is a member of the Alzheimer's Association Snohomish County Regional Advisory Council; and a workgroup member for the Dementia Action Collaborative implementing the Washington State Plan to Address Alzheimer's Disease and Other Dementias and the Bree Collaborative.



Maureen Schmitter-Edgecombe, Ph.D.

Professor: Herbert L Eastlick Distinguished Professorship in Health Research, Washington State University

Dr. Schmitter-Edgecombe is a licensed clinical psychologist with specialty training in Neuropsychology. Her research has been funded by over \$14 million in grants from multiple NIH institutes, NSF, Alzheimer's Association, Department of Defense, and the Life Sciences Discovery Fund and Attorney General's Office of Washington State. She is helping open the door to new avenues of health and science research in gerontechnology. Dr. Schmitter-Edgecombe has authored or co-authored more than 120 peer-reviewed publications investigating cognitive changes, everyday functioning and cognitive and health interventions with aging, neurodegenerative diseases and traumatic brain injury populations.



Heather Snyder, Ph.D.

Senior Director, Medical & Scientific Operations, Alzheimer's Association

Dr. Snyder manages the Association's International Research Grant Program, which funds research around the world. She oversees the Association's relationship with the leading disease journal in clinical neurology, Alzheimer's & Dementia: The Journal of the Alzheimer's Association, and its two companion open access journals. She is responsible for implementing the Alzheimer's Association Women's Alzheimer's Research Initiative and leads their efforts to understand the role of vascular factors in Alzheimer's and dementia. Dr. Snyder received her Ph.D. from Loyola University Chicago Stritch School of Medicine.



Emily Trittschuh, Ph.D.

Associate Professor, Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine, and Clinical Neuropsychologist, Veterans Affairs Puget Sound Health Care System

Dr. Trittschuh has focused on aging and dementia her entire career. She currently provides outpatient neuropsychological evaluations for

veterans through the Memory Wellness Clinic at Veterans Affairs. Dr. Trittschuh is actively involved in regional and national research and education in projects addressing healthy brain aging, Post Traumatic Stress Disorder, dementia, late effects of traumatic brain injury, and cognitive and genetic phenotypes of late-onset Alzheimer's disease (LOAD). She is a member of numerous local and national workgroups, and advisory boards that are dedicated to dementia advocacy and education.



Debby Tsuang, M.D., M.S.C.

Director, Geriatric Research Clinical Education Center, Veterans Administration Puget Sound Health Care System and University of Washington

Dr. Tsuang is a board-certified psychiatrist and geriatric psychiatrist. She has 25 years experience in providing clinical care at the Veterans Administration Puget Sound Health Care System and researching mental health issues in the geriatric population. Her research is funded by the National Institute of Health and VA Research and Development and is focused on the genetics of neurodegenerative disorders, both Alzheimer's disease (AD) and Lewy body dementias (LBD). She has published widely in the clinical, neuropathological, and genetic studies in both AD and LBD.



Page Ulrey, J.D.

Senior Deputy Prosecuting Attorney, Elder Abuse Project, King County Prosecutor's Office

Since 2007, Ms. Ulrey has worked as an elder abuse prosecutor in the Economic Crimes Unit of the King County Prosecutor's Office. She works on protocol development and is a member of the national training team on elder abuse investigation and prosecution for the Office on Violence Against Women. She has conducted trainings for the National District Attorney's Association, the Office for Victims of Crime, and the National Institute of Justice. She founded and co-chairs the King County Elder Abuse Council.



Elizabeth Vig, M.D., M.P.H.

Physician, Veterans Administration Puget Sound Health Care System and Associate Professor, Gerontology and Geriatric Medicine, University of Washington

Dr. Vig is a board certified geriatrician and palliative care specialist caring for older and seriously ill patients at the Veterans Administration Puget Sound Health Care System (VAPSHCS), where she also is Chair of the hospital's Ethics Committee. She enjoys teaching health care professionals from all disciplines about ways to think about and manage ethical dilemmas that arise in the care of older and seriously ill patients. Dr. Vig's research focuses on end of life decision-making.

Registration Information

Updated conference details and online registration are available on our Discovery 2018 website at www.alzwa.org.

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REGISTRATION FEES AND DEADLINES:

Professional

\$200 Early Bird Registration if registered by Monday, March 5, 2018

\$220 Standard Registration after March 5, 2018

\$20.00 CEU Credits - Professional & Support Group Facilitator for select organizations, please see CEU section

Family Caregiver – unpaid caregiver for loved one

\$85 Early Bird Registration if registered by Monday, March 5, 2018

\$105 Standard Registration after March 5, 2018

Support Group Facilitator for the Alzheimer's Association

\$85 Early Bird Registration if registered by Monday, March 5, 2018

\$105 Standard Registration after March 5, 2018

\$20.00 CEU Credits - Professional & Support Group Facilitator for select organizations, please see CEU section

Student with current student ID

\$85 Early Bird Registration if registered by Monday, March 5, 2018

\$105 Standard Registration after March 5, 2018

CE and CEU Credits

Professional and Alzheimer's Association Support Group Facilitator registrations are eligible for CE or CEU credits. Five (5) CE or CEU credits are available for the full day: 1.25 credits for the keynote and 1.25 credits for each of the three (3) workshops attended.

CE (Continuing Education) credits	DSHS Long Term Caregiver CEs	CEU (Continuing Education Units)*
<i>There is no charge for CE credits.</i> CE credits are what the majority of attendees including nursing professionals in Washington need to meet educational requirements.	<i>There is no charge for DSHS Long Term Caregiver CEs</i> 5 hours, 1.25 hours per session.	<i>We charge a fee of \$20 for 5 or fewer CEUs.</i> CEUs require payment and a pre-approval process as they are granted by specific organizations* to meet the needs of their certified members.

* We secure authorization from the following five organizations in order to grant CEUs to their members:

1. Board of Nursing Home Administrators
2. Commission for Case Manager Certification
3. National Association of Social Workers, Washington Chapter
4. National Certification Council for Activity Professionals
5. Professional Guardian Certification Board of Washington State

The Discovery 2018 Advisory Council

The Discovery Advisory Council is delighted to bring you innovative, evidence-based workshops from exciting, nationally acclaimed speakers. Our diverse Council is represented by a variety of healthcare professionals who provide input to create an exciting educational experience for all attendees.

We invite you to explore our conference website and register online at alzwa.org. We look forward to seeing you April 27th!

Michael A. Bower, B.A., A.C.C.
Volunteer, Auburn

Jennifer Herrman, B.A.S.W., C.H.C.
Providence Heritage House at the Market
Assisted Living, Seattle

Mollia Jensen, B.A.
Elderwise, Seattle

Elisabeth Lindley, M.N., A.R.N.P.
UW Medicine Memory and Brain Wellness
Center, Seattle

Keri K. Pollock, B.S.
Aging Wisdom, Seattle

Anita Souza, Ph.D.
UW School of Nursing, Department of
Psychosocial and Community Health, Seattle

Debbie Williams, C.M.M.
Alzheimer's Association, Lynnwood

Linda Woodall, B.A.
Eastside Friends of Seniors, Seattle



Discovery 2018

33rd Annual Alzheimer's Regional Conference

Alzheimer's Association Washington State Chapter
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