

## Transforming Lives

### Developmental Disabilities Administration (DDA)

#### Client, Family, Provider Meet and Greet

##### Shoreline Conference Center

18560 1st Ave NE, Shoreline, WA 98155

**May 23rd - 4:00pm to 7:00pm**

This is a great opportunity to come and meet contracted providers with the DDA and see what resources are available in your community.

Services that will be represented: Respite in your Community, Person-Centered Plan Facilitation, Peer Mentoring, Community Guide, and Community Engagement.

#### Community Guide

*Community guide service increases access to informal community supports. Services are short-term and designed to develop creative, flexible and supportive community resources for individuals with developmental disabilities.*

AVAILABLE IN: **BASIC PLUS AND CORE WAIVER**

#### Person-Centered Plan Facilitation

*Person-centered plan facilitation is an approach to forming life plans that is centered on the individual. It is used as a life planning process to enable individuals with disabilities to increase personal self-determination. Person-centered plan facilitation typically includes:*

- Identifying and developing a potential circle of people who know and care about the individual;*
- Exploring what matters to the waiver participant by listening to and learning from the person;*
- Developing a vision for a meaningful life, as defined by the waiver participant, which may include goals for education, employment, housing, relationships, and recreation;*
- Discovering capacities and assets of the waiver participant, and his or her family, neighborhood, and support network;*
- Generating an action plan; and*
- Facilitating follow-up meetings to track progress toward goals.*

AVAILABLE IN: **IFS WAIVER**

#### Respite in your Community

*Short term, intermittent relief to individuals who live with and care for you. This service is available in your home or in the community.*

AVAILABLE IN: **BASIC PLUS, CIIBS, CORE & IFS WAIVER**

#### Community Engagement

*Community engagement services are services designed to increase a waiver participant's connection to and engagement in formal and informal community supports. Services are designed to develop creative, flexible, and supportive community resources and relationships for individuals with developmental disabilities. Waiver participants are introduced to the community resources and supports that are available in their area. Participants are supported to develop skills that will facilitate integration into their community. Outcomes for this service include skill development, opportunities for socialization, valued community roles, and involvement in community activities, organizations, groups, projects, and other resources.*

AVAILABLE IN: **IFS WAIVER**

#### Peer Mentoring

*Peer mentoring is a form of mentorship that takes place between a person who is living through the experience of having a developmental disability or family member of a person who has a developmental disability (peer mentor) and a person who is new to that experience (the peer mentee). Peer mentors utilize their personal experiences to provide support and guidance to a waiver participant and family members of a waiver participant. Peer mentors may orient a waiver participant to local community services, programs, and resources and provide answers to participants' questions or suggest other sources of support.*

AVAILABLE IN: **IFS WAIVER**

**If you are unaware of what DDA Waiver you are receiving, please ask your current DDA Case Manager.**