CHARTING the life course







(paid services and benefits)







Integrated Services and Supports

People need supports to lead good lives. Using support from lots of different sources helps to create a full, inclusive life that's not limited to, or defined by, paid services. Use this form to help identify sources of support and personal strengths to reach a specific goal or larger vision.

Goal:			_
Technology (devices, apps, equipment)	Personal Stren	ngths & Assets	Personal Relationships (family, friends, others I know)
	Sources o to Reach	of Support My Goal	
Community Ba	ased		Eligibility Specific

(free and low-cost resources in my community)