



Person-Centered Planning

a new service under the Individual & Family Services (IFS) waiver



Developing a person-centered plan in any area of life with the help of a trained facilitator to guide the process.

Facilitated Person-Centered Planning is for DDA clients who are enrolled in the Individual & Family Services (IFS) waiver and need help to create a plan for home, community, school or work life that reflects their interests, strengths, and goals.

Services are Provided by an experienced professional who is contracted with the Developmental Disabilities Administration (DDA) to facilitate person centered planning that includes:

- identifying and developing a potential circle of support;
- discovering capacities and assets, including family, neighborhood, and support network;
- creating an action plan;
- facilitating follow-up meetings.

To Request Facilitated Person-Centered Planning, talk to your son/daughter's DDA case manager at your annual assessment (if currently on IFS). If your family member is on DDA's No Paid Services Caseload and lives at home with you, call the Service Request & Information Line to request Individual & Family Services (IFS):

Region 1

Spokane: 800-319-7116

Yakima: 866-715-3646

Region 2

Seattle: 800-974-4428

Everett: 800-567-5582

Region 3

Tacoma: 800-735-6740

Olympia: 888-707-1202



There are currently enrollment openings in the IFS waiver program. To learn more about other IFS services and benefit amounts, visit: informingfamilies.org/ifs.

EXAMPLES

Facilitated

Person-Centered Planning

John is in a high school transition program and has no clear idea about what he wants to do when he turns 21. His parents are concerned that when he graduates, he will stay at home and be isolated. They hire a person-centered planning facilitator to help identify and bring together a circle of support to help create a plan for John to transition to life after high school. After the first meeting, they have a clear set of goals for employment and social life that John can build into his school IEP.

Clara is 33 years-old and lives with her mother. She has a job two days a week, and takes part in Special Olympics. She would like to go to college and have more people in her life, but her mother isn't sure how to make that happen with limited resources and time. They hire a facilitator to help Clara explore different ways to reach her goals in concrete, achievable ways.