

Parents with Abilities

Support Group

FREE!



Starts **Thursday, September 1st, 2016** and will occur every Thursday until further notice.

10:00am-11:00am

Meet at the **Alliance of People with disAbilities** located at
1120 E Terrace St #100, Seattle, WA 98122

**Light snacks
provided**

Children welcome!

Support groups are about letting people share their experiences and relieving the stress of being a parent. For Parents with Abilities, there are some unique challenges and barriers – and no one truly knows how someone feels better than another parent in the same shoes. The **Parents with Abilities Support Group** provides training for parents to increase their skills, offers help in dealing with educational, medical and other service agencies and mostly gives an opportunity for parents to form new friendships. There is nothing better than “sharing the load” with someone else who knows exactly what you are going through. Join us and make a friend, meet others, find some resources, and learn something new.



Questions?

Contact Hope Drummond
at 206-633-6634 or
hope@disabilitypride.org

