



# Government Shutdown and Your **BASIC FOOD BENEFITS**



## What does it mean for YOU?

**The partial federal shutdown is affecting the Basic Food program. If you or someone you know receives these benefits, here's what you need to know:**

- ➔ **Basic Food EBT cards for February will be filled early.** Be sure to budget your benefits to last to the end of February.
- ➔ **You may not receive March benefits** if the shutdown is not resolved.
- ➔ **Find the location of your nearest food bank** in case you run out of benefits. Call Parenthelp123's Family Food Hotline at 1-888-436-6392 or visit: [resources.parenthelp123.org/resource\\_finder/service/food-banks](https://resources.parenthelp123.org/resource_finder/service/food-banks).
- ➔ **Visit [www.211.org](http://www.211.org) or email [help@211info.org](mailto:help@211info.org) for multiple resources** (in addition to food) specific to the government shutdown. To reach someone directly, dial 2-1-1 toll-free. If you are unable to connect by dialing 2-1-1, please call 1-877-211-9274 or text your zip code to 898211.

**For ongoing updates on the impact of the partial federal shutdown on Basic Food benefits and other programs, visit the Economic Services Administration website at: [dshs.wa.gov/esa](http://dshs.wa.gov/esa).**