



Overnight Planned Respite Services

Community-based short-term respite for adults with developmental disabilities who live in the family home.

Overnight Planned Respite is a community-based service for adult clients of the Developmental Disabilities Administration (DDA) who live in the family home or with their primary caregiver. It offers a break in caregiving, and provides individualized activities and support for the adult client.

Services are Provided in a Community Setting, such as a home or duplex staffed by contracted, certified providers. Each respite setting serves one person at a time, using a person-centered plan developed with the individual and family or primary caregiver to create a schedule and activities that meet the person’s needs.

Respite Settings are Currently Located in eight areas of the state: Bellingham, Lynnwood, Olympia, Shoreline, Spokane, Tacoma, Vancouver, and Yakima.



ELIGIBILITY CRITERIA

To be eligible for Overnight Planned Respite, an individual must:

- ▶ be eligible for DDA services;
- ▶ be age 18 or older;
- ▶ not be receiving residential habilitation services under the core waiver;
- ▶ live at home with a primary caregiver who needs a break from caregiving;
- ▶ have support needs that can be safely accommodated in an available contracted and certified setting;
- ▶ identify a backup caregiver to respond in an emergency if the primary caregiver is unavailable;
- ▶ receive approval by the Respite Coordinator.

How it Works

Service Request

Contact your family member or client’s DDA Case Manager to request Overnight Planned Respite for a period of dates (up to 14 days in a calendar year) that you would like to plan a break from caregiving.

Assessment

Your Case Manager will review your family member or client’s CARE Assessment with you to ensure the information is up-to-date. Overnight Planned Respite does not affect (or reduce) assessed respite hours received through a waiver program. It is assessed and approved as a separate service.



Approval

The Respite Coordinator will review your request and updated assessment. The coordinator reviews requests up to 180 days in advance of your requested respite dates.

Individualized Respite Agreement

Once approved, you will work with the provider to develop a detailed Individualized Respite Agreement that outlines the activities and supports that your family member or client will receive while in the program, including schedule, in home and community activities, food, hobbies, etc.