



General Support & Resources



A diverse system of support helps you create a full life with more opportunities to grow, learn, and connect with others. Use the following resources to help identify support from local agencies, community services and non-profit organizations.

ASSISTIVE TECHNOLOGY

- NW Access Funds
- WA Assistive Technology Act Program
- Other _____

COMMUNITY SERVICE AGENCIES & ORGANIZATIONS

- Area Agency on Aging
- County Social & Health Services
- Community Services Office
- DSHS Home & Community Services
- Other _____
- Salvation Army
- Senior Center

EMPLOYMENT AND BENEFITS PLANNING

- Division of Vocational Rehabilitation (DVR)
- Worksource
- Ticket to Work
- Other _____

FINANCIAL

- SSI/SSDI
- Special Needs Trust
- Other _____
- Checking/Savings Account
- ABLE Account

FOOD, HOUSING & UTILITY ASSISTANCE

- Local Housing Authority
- Low Income Home Energy Assistance Program
- Local utility assistance program
- Other _____
- Basic Food
- Women Infant & Children (WIC)

HEALTH AND SAFETY

- Apple Health
- Help Me Grow Washington (Health Hotline)
- Health Insurance Premium Payment Program
- Other _____
- Ready.gov
- Smart 9-1-1

PLANNING FOR THE FUTURE

- Center for Future Planning (The Arc US)
- Other _____

RECREATION AND LEARNING

- Camp
- Community Center
- Community College
- Faith Community
- Library
- Other _____
- Parks & Recreation
- People First
- Special Olympics
- Unified School Sports
- YMCA

TRANSPORTATION

- Medicaid Transportation Broker
- Reduced Bus Fare
- Bus Travel Training
- Other _____
- Door to Door (Local Paratransit)

LINKS TO STATEWIDE RESOURCES

- DSHS Home & Community Services (dshs.wa.gov/altsa)
- ParentHelp123 (ParentHelp123.org)
- Washington Connection (services locator) (washingtonconnection.org)
- WAHealthPlanFinder (wahealthplanfinder.org)