



# Ready, Set, KNOW...

## DDA Waivers Availability and How to Request

Receiving services from the Department of Social and Health Services is a multi-step process. DDA waivers are available but you must request them. Refer to the steps below to learn how to request services and waivers:

1. **Apply to DDA and verify eligibility. Once you apply and are approved, you are a DDA client. But this does not mean you automatically get services.**
2. **Next, you must request services. You will be determined whether you meet the criteria for the services and whether there is a waiver spot available.**
3. **If you are put on the "No Paid Services List" and have requested services in the past and were denied, you must request the services AGAIN when they become available.**

Services like personal care through Community First Choice, are always available if you are eligible by meeting the criteria. Other supports, like DDA waivers, are available only if spots are open. There are many reasons a spot can become available. For example, a spot becomes available if an individual leaves, the state Legislature adds capacity, or if they move one waiver to another.



### Important Information for Families

- Financial Eligibility for DDA waiver services is based on the individual's income, NOT family income. This is for children and adults.
- If you are enrolled in DDA waiver services, you are also enrolled in the state Medicaid health care plan (also known as Apple Health).
- Families who are ineligible for Medicaid based on income may be able to access services for a loved one with intellectual and developmental disabilities.

### Are DDA Waivers Right for You?

- Washington state offers five waivers through the DDA.
- They are referred to as "waivers" because people waiver their right to care in an institutional setting in order to receive care in a home or community setting instead.
- Waivers are a great option if you are looking for a variety of services for an individual.

### Want to learn more about each waiver?

Visit <https://informingfamilies.org/dda-waivers> to read descriptions about each waiver and step-by-step instructions for waiver eligibility.

### Some of the most used waivers include:

- [Individual and Family Services \(IFS\)](#)
- [Basic Plus](#)
- [Core](#)

Each waiver is designed to offer specific services to help meet health and safety needs in a variety of settings. The waivers are tailored to the specific population that they serve and are to offer support when Medicaid state plan services and other supports are not sufficient. To learn more about the waiver service and details on each specific waiver, visit <https://www.dshs.wa.gov/dda/consumers-and-families/home-and-community-based-waivers-hcbs>.

### How do you apply to DDA services?

If you are not a client of DDA but are interested in the next steps visit <https://www.dshs.wa.gov/node/5756/>

**If you are a client with a case manager:** If you have a case manager already assigned, please contact them directly. To find out more on service requests, visit <https://www.dshs.wa.gov/dda/service-and-information-request>