

# ADOLESCENT TRANSITION SERIES

Often navigating the world of transition is met with the same feelings of overwhelm and unknown that were felt when receiving an initial diagnosis.

Offered as a community education component through UW LEND in partnership with Summit Community Center, the Adolescent Transition Series covers a range of topics related to lifespan development and adolescent transition for individuals with intellectual and/or developmental disabilities (I/DD).

Over the course of 4 weeks, learning alongside other parent/caregivers and professionals in the field, each participant will have the opportunity to gain both a basic understanding of transition topics, support/services, while also learning from each other's real-life experiences.

## TOPICS COVERED

- State & Federal Benefits
- Financial planning
- Education
- Employment
- Housing
- Community Engagement
- Health
- Individual/Family/Sibling supports

Sign-up for a 4-week VIRTUAL series below!

**FREE TO FAMILIES/CAREGIVERS**

*\*this is not a clinical service*

**FALL**

**THURSDAYS 11:30AM - 1:00PM**

October 20th - November 10th

**WINTER**

**WEDNESDAYS 11:30AM - 1:00PM**

January 18th - February 8th

**SPRING**

**TUESDAYS 11:30AM - 1:00PM**

April 18th - May 9th

**Sign-Up Link:** <https://forms.gle/sY8WEabMUb4HwYrn8>

**Contact Us:** [aeschmo@uw.edu](mailto:aeschmo@uw.edu) or [info@summitcommunitycenter.org](mailto:info@summitcommunitycenter.org)



In collaboration with

