



ABUSE • NEGLECT • EXPLOITATION

Do you know what abuse looks like?

Abuse takes many forms. It can be physical, financial, verbal, emotional, and neglectful. Abuse can come from strangers, caregivers, friends, and others.

Signs to look for:

- Injuries, bruises, sores or weight loss that happens for no known reason.
- A change in mood or personality, such as being afraid around a particular person or place.
- Poor hygiene and signs of neglect such as not bathing, wearing dirty clothes, not taking medication and living in an unsafe home.
- Money or belongings that go missing or being pressured into giving money and things to someone.
- Being yelled at, threatened or made to feel bad or less worthy

If you think you or someone you know is being abused or neglected, TAKE ACTION.



TIP: Store the END HARM number (1-866-363-4276) on your phone. Use the END HARM logo for visual communication devices to indicate that you need to report your concerns.

If you need immediate help, call 9-1-1.

Call 1-866-END-HARM (1-866-363-4276) if you have concerns about a situation involving physical, sexual, emotional, or financial harm to a child or vulnerable adult.

Make an online report to Adult Protective Services at <https://www.dshs.wa.gov/altsa/home-and-community-services/report-concerns-involving-vulnerable-adults> (this report is for adults only).

Call or email your DDA case manager. If you do not know who that is visit <https://www.dshs.wa.gov/office-locations> to find a DDA office and talk with a DDA employee.