



Intensive Habilitation Services (IHS)

Community-Based Short-Term Stabilization Through Habilitative Skill Building for Children and Youth with Intellectual and/or Developmental Disabilities

What is IHS?

Intensive Habilitation Services provides short-term stabilization services by offering habilitative goal development, instruction and support. The client's family, DDA staff and the IHS provider work together to identify client goals. Consistent support and active parent or guardian participation improves success.



Services are currently provided in Lakewood and Spokane.

What do IHS Stabilization Services include for families and individuals?

IHS Stabilization service providers will:

- Use positive behavior support principles and de-escalation techniques to support a client to gain, keep or improve upon self-empowerment, socialization or adaptive skills.
- Make and use a habilitation plan based upon the family's identified goal.
- Model for and teach the family to follow the habilitation plan both at the IHS facility and in the family home.
- Work with and consult the family's behavior support provider when needed.
- Partner with the client's responsible school district to meet the client's educational needs while receiving services
- Participate in individualized team meetings and provide status updates.

Accessing IHS is voluntary and does not affect a parent or legal guardian's rights and responsibilities as legal custodian for the child.

Who is eligible for IHS?

A person is eligible for admission to the intensive habilitation services for children program if the person:

1. Is over age seven but under age twenty-one.
2. Is eligible for DDA services.
3. Is eligible for HCBS stabilization services.
4. Has received medically necessary inpatient treatment for conditions related to behavioral health or autism as recommended by the client's treating professional.
5. Does not have a treatment recommendation for a locked or secure facility.
6. Does not pose a risk to the health or safety of IHS staff or other clients supported by IHS and IHS can safely meet the client's needs
7. Does not require an intervention prohibited in the setting or that cannot be provided.
8. Medication assistance needs can be met through nurse delegation.

To learn more about IHS and how to request service, contact your DDA Case Manager.