



# RESOURCES

## Ages Six to Fourteen



### NAVIGATING YOUR WAY

The following resources are described in *Navigating Your Way, Ages Six to Fourteen* is the third in a series of videos that provides a bird's eye view of services, supports and resources for every stage of life. Visit [informingfamilies.org/6-14](http://informingfamilies.org/6-14) to watch the video.



### SERVICES

#### Developmental Disabilities Administration (DDA)

Case management and supportive services for children and adults with Intellectual/Developmental Disabilities in Washington State. [dshs.wa.gov/dda](http://dshs.wa.gov/dda)

### HEALTH CARE

#### Apple Health

Medicaid health care coverage for children and adults. Visit [wahealthplanfinder.org](http://wahealthplanfinder.org) to learn more.

#### Early Periodic Screening, Diagnosis, and Treatment (EPSDT)

EPSDT provides children who receive Medicaid regular check up and treatment for medical issues found during an exam up to age 21. Call 1-800-562-3022 and ask about EPSDT services.

#### WithinReach

Helps families connect with the resources they need to be healthy and safe. Call the Help Me Grow Washington Hotline at 1-800-322-2588 or visit [parenthelp123.org](http://parenthelp123.org).

### FINANCIAL

#### Supplemental Security Income

A cash benefit administered by the Social Security Administration for individuals with low income who are aged, blind or disabled.. 1-800-772-1213; [ssa.gov](http://ssa.gov)

#### ABLE Savings Accounts

A way for individuals with disabilities to save money without losing financial eligibility for government benefits such as SSI. [washingtonstateable.com](http://washingtonstateable.com)

#### DD Endowment Trust Fund

A public-private partnership special needs trust that shelters and protects assets that would otherwise disqualify someone for government benefits, such as SSI and Medicaid. [ddefw.wa.gov](http://ddefw.wa.gov)

### SUPPORT & ADVOCACY

**Office of Education Ouds (OEO)** resolves complaints, disputes, and problems between families and public schools. 1-866-297-2597; [oew.wa.gov](http://oew.wa.gov)

**Parent to Parent (P2P)** provides emotional support and information to families of children with special health care needs or other disabilities. [arcwa.org/parent-to-parent](http://arcwa.org/parent-to-parent).

**Partnerships for Action, Voices for Empowerment (PAVE)** provides information, training and support to families. [wapave.org](http://wapave.org)

**Sibshops** provide peer support from other siblings in a recreational setting. [siblingssupport.org](http://siblingssupport.org)

### HELPFUL IDEAS AND PLANNING

#### The Family Community Connections Guidebook

Tips and worksheets to create community connections. Download a free copy in English or Spanish: [informingfamilies.org/publications](http://informingfamilies.org/publications).

#### Star Form

Worksheet for identifying sources of support to reach any goal: [informingfamilies.org/star](http://informingfamilies.org/star)