

WADDC Medicaid 2025 - Video 2

0:01

Good morning.

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My name is Emily Rogers, the Director of Public policy for the Washington State Developmental Disabilities Council.

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I'm coming to you today to talk about Medicaid and to let you know about some action steps.

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The federal government and states pay for Medicaid.

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In Washington, the federal government pays 50% of the cost of traditional Medicaid.

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The federal government also pays 90% of the cost of the Medicaid expansion.

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Federal money or match helps states stretch their dollars to cover more people and more health and long term care services for residents.

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Medicaid costs go up or down depending on how many people are in Medicaid programs and the services they use.

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Higher federal match reduces impact on state budgets when more people need Medicaid or costs increase.

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Federal money given to states to help run state Medicaid programs is called the Federal Medical Assistance Percentage, or F map.

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State budgets are built on federal dollars.

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Washington receives most of its revenue from taxes, licenses, permits and fees, and federal grants.

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Each individual revenue source is designated by law to be deposited into specific accounts to support state operating or capital expenditures.

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Lower federal spending causes holes in the state budgets.

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States then have to decide to spend more state money or cut programs.

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Many people with disabilities in Washington rely on Medicaid.

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Medicaid funds 81.7% of home and community based services in Washington state which are not covered by Medicare or private insurance.

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Medicaid is the most common place people with IDD can get the long term care, health care and mental health services.

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They need private insurance does not cover some services at all or enough to meet the needs of people with IDD.

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Federal and state lawmakers need to know how Medicaid helps you and your family and what it would mean to your life if the services and supports you have are reduced or stopped.

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Things you can do Join the Arc of Washington's Action alerts, Sign up for the WADDC newsletter, Go to Advocacy Days.

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Join a self advocacy group such as People First of Washington Sale or Allies in Advocacy.

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Talk to your legislators.

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Let the council know if you need help setting up appointments by emailing info@ddc.wa.gov.

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Make a video.

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Click the link below to learn how to tell your story about why Medicaid matters to you.

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Thank you for joining me today.

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Please reach out if you have any questions.